

The Power to Coach Program™

Our Five Session Curriculum

Session 1

Finding the Signal in the Noise

Merge with the Field

In this session you will learn:

- The dimensional leadership model in the context of coaching
- The art of tuning into the levels of listening to build resonance and explore the field
- To frame questions that evoke insight, new perspectives and choice

Session 2

Move from Chaos to Clarity

Ride the Emergent Wave

In this session, you will learn:

- The powerful relationship that exists between chaos theory & leadership coaching

Session 3

Find Your Teacher

Nurture the Space Within

In this session, you will learn:

- How to leverage mindful presence in coaching and in leadership
- How to empower the coaching relationship
- To apply the concept of vertical v. horizontal development to coaching your leaders

Session 4

Build the Bridge

Acquire the Tools to Self-architect

In this session, you will learn:

- The why and how of human meaning-making and the power of story
- To uncover limiting beliefs as a coach and within coachees
- Methods for closing the gap between the current self and the desired future self
- To put the power of choice and emotional attractors at the center of the coaching relationship

Session 5

Bring it Together

The Power of Play in the Field of Possibilities

In this session, you will learn:

- To claim a growth mindset and sustain peak performance and greater resilience
- To effectively navigate the continuous interplay of the multiple roles within the contexts of leadership and coaching
- How far you are willing to go for the sake of developing other leaders.